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Lymphocyte effector functions Memory and unique subsets of lymphocytes

Editorial overview

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Liisa Selin's research interests are directed at understanding T-cell responses during viral infections in both mouse and human systems, with particular emphasis on the impact that immune responses to earlier infections have on subsequent unrelated infections — heterologous immunity. Specifically, she examines the influence of heterologous virus infections on the development of cross-reactive T-cell responses, T-cell receptor repertoire and immunopathology.

Abbreviations

IEL intraepithelial lymphocyte
TL thymic leukemia antigen
TCR T-cell receptor

Adaptive T-cell and B-cell immune responses work together with innate immune responses to eradicate pathogens, including viruses, bacteria and parasites. A function of the adaptive response not associated with the innate response is the generation of immunological memory. These memory responses are readily stimulated on re-exposure to the original pathogen and are able to patrol for pathogens that persist in the host at low levels. In our search for ideal vaccines it is imperative to have a good understanding of how effective T- and B-cell memory responses are generated. For T cells it can be difficult at times to draw the line between what defines an effector cell and a memory cell, which for B cells thus far seems to be more clearly defined. During B-cell activation there is generation of two separate lineages: terminally differentiated effector cells — the plasma cells that produce antigen-specific antibodies, and antigen-specific memory B cells, which are able, on re-exposure to the pathogen, to differentiate into antibody-producing plasma cells. Plasma-cell differentiation can occur with or without T-cell help. Memory B-cell differentiation, however, is thought to involve the germinal center reaction, and require CD4⁺ T-cell help and CD40–CD40 ligand interactions.

Defining the differentiation pathways for T cells into effector and memory phenotypes has been more difficult. It has been generally agreed that this is a linear pathway with naïve cells becoming effector cells and then memory cells. T cells have previously been divided into multiple functional phenotypes on the basis of their surface expression of activation molecules (CD45R0, CD45RA), lymph node homing receptors (CD62L, CCR7) and molecules associated with co-stimulation (CD27,CD28). Memory T cells were found to be very heterogeneous in their expression pattern of these surface molecules, and there continues to be a great deal of controversy about whether these phenotypes represent either stages in a memory T-cell differentiation pathway or the initial and on-going antigen experience of the memory T-cell population. In the past year, however, three important observations, reviewed in this section, were made concerning CD8⁺ T-cell differentiation into memory phase:

1. Similar to B-cell memory, CD8⁺ T-cell differentiation requires CD4⁺ T-cell help and CD40–CD40 ligand interactions.

2. The CD8⁺ T cells expressing IL-7R during the effector phase of the response go on to become memory cells.
3. These IL-7R⁺ cells also co-express CD8 $\alpha\alpha$, a cell surface molecule associated with modulation of T-cell receptor (TCR) signaling.

Rocha and Tanchot [1] discuss the evidence for the newly defined role of CD4⁺ helper T cells and CD40–CD40 ligand interactions that are required for the development of CD8 T cell memory. They point out the parallels that now exist between T- and B-memory-cell differentiation. Gangadharan and Cheroutre [2] discuss the evidence that antigenic stimulation of conventional CD8 $\alpha\beta$ T cells through the TCR results in induction of CD8 $\alpha\alpha$. They provide evidence that signaling via CD8 $\alpha\alpha$ leads to enhanced survival and differentiation into memory CD8⁺ T cells. These CD8 $\alpha\alpha$ memory cells were also found to co-express IL7R, another molecule reported to be associated with memory CD8⁺ T-cell differentiation. Future studies will determine if these same requirements apply to memory CD4⁺ T-cell differentiation.

Another important feature influencing the effectiveness of memory CD8⁺ T cells is their ability to persist long-term throughout the host. Although memory CD8⁺ T cells are reported to be stable over time, Welsh *et al.* [3] review the evidence that demonstrates that virus-induced memory CD8⁺ T cells are quite volatile in the presence of other infections. This review examines how T-cell apoptosis and cross-reactivity are involved in accommodating and maintaining homeostasis in memory CD8⁺ T-cell pools to many pathogens in a finite immune system. These authors also review the evidence for how altered rates of memory T-cell apoptosis are involved in maintaining higher frequencies of memory T cells in peripheral organs, such as the lung, at the site of viral entry.

Two reviews in this section address the issue of the unique features of T and B cells located at mucosal surfaces, the most frequent site of entry for all pathogens. The T-cell surface molecule CD8 $\alpha\alpha$, as discussed by Gangadharan and Cheroutre [2], appears to have other unique functions in addition to its role in CD8⁺ T-cell

memory differentiation. CD8 $\alpha\alpha$ plays a role in thymic positive selection of self-reactive T cells, which ultimately migrate to the gut and become intraepithelial lymphocytes (IELs). Mucosal IELs, including TCR $\gamma\delta$ and CD4⁺ or CD8⁺ TCR $\alpha\beta$ T cells co-express the immunomodulatory CD8 $\alpha\alpha$ molecule, which can interact with its ligand, thymic leukemia antigen (TL), a non-classical MHC class I molecule, to modify TCR activation caused by antigen stimulation. IELs activated in the presence of the TL–CD8 $\alpha\alpha$ interaction show reduced proliferation and cytotoxicity, and enhanced cytokine production, suggesting that this partial interaction with self may protect gut epithelial cells while still controlling the pathogen. Are these gut IEL memory cells or unique T cells adapted to the environment of the gut? Is a similar mechanism of CD8 $\alpha\alpha$ interaction with a ligand-like TL modulating TCR signaling in conventional CD8⁺ T cells, resulting in generation of memory?

The review by Fagarasan and Honjo [4] suggests that, in mucosal surfaces, the differentiation of B cells into plasma cells and memory B cells may not be as simple as previously thought, at least for the regulation of IgA synthesis. Antigen-specific B cells and plasma cells capable of producing IgA are generated not only in the germinal centers of Peyer's patches but also without T-cell help in the lamina propria of the gut, which is not an organized secondary lymphoid structure. Are these true memory B cells or unique adaptations in B-cell differentiation specific to mucosal surfaces? Much as IELs have unique functions, IgA-secreting cells appear to play a crucial role in immunomodulating anti-inflammatory effects in the gut.

References

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